



YEAR LONG TRAINING IN PLAY THERAPY 2011-2012

With

**CARLA SHARP, APRN, RPT-S, CST-T
PLAY THERAPY CENTER OF HAWAII, LLC**

APT Approved Provider 04-153

315 Uluniu St. #207

Kailua, HI 96734

261-0066

WWW.PLAYTHERAPYCENTEROFHAWAII.COM

**CLASSES ARE HELD ON SATURDAY AFTERNOONS FROM 1:00 TO 5:00 PM
at the PLAY THERAPY CENTER OF HAWAII**

YEAR ONE

BEGINS SEPTEMBER 17, 2011 AND ENDS AUGUST 18, 2012

1. Introduction to Play Therapy
2. Understanding the Roots of Play Therapy in Freud, Rank and Jung
3. Axline's Eight Basic Principles
4. Understanding Play from a Developmental Perspective
5. Play from the Second Stage: Autonomy vs. Shame and Doubt; Limit Setting
6. Play from the Third Stage: Initiative vs. Guilt: the Role of Fantasy
7. Responding and Reflecting: The Use of Words in Play Therapy
8. The Three Stages of Play Therapy
9. Session One: Meeting the parents. Session Two to Four: Using Art in Assessment: The Human Figure Drawing
10. The Human Figure Drawing, Part II
11. Using Art in Assessment: The Kinetic Family Drawing
12. Session Five: Using Play in the Assessment of the Family: My Build-A-House technique
13. Build-A-House Technique, Part II
14. Session Six: Feedback to Parents; Session Seven: The Use of Play in Treatment
15. Use of Modeling Clay in Play Therapy
16. Use of Puppets in Play Therapy
17. Use of Play in the Expression and Mastery of Anger
18. Responding and Reflecting: Interpretation within the Play Therapy Metaphor
19. Understanding the Dynamics of Childhood Grief
20. Play Therapy Techniques with the Bereaved Child
21. Forming Play Therapy Groups with Children
22. Play Therapy Case Presentation: An 8 year old boy who lost his father
23. Understanding the Dynamics of Childhood Trauma: PTSD in Children
24. Play Techniques with Traumatized Children
25. Play Therapy Case Presentation: A 5 year old boy who witnessed severe domestic violence
26. Understanding the Dynamics of Childhood Sexual Abuse
27. Play Techniques with the Sexually Abused Child
28. Play Therapy Case Study: An 8 year old girl abused by her father
29. The Rationale for Integrating Family Therapy and Play Therapy: Fundamentals and History
30. A Model for Understanding Family Functioning
31. Techniques for Use in Assessment and Treatment, Family Art Therapy, Part I
32. Family Art Therapy, Part II:
33. Using Puppets in Family Assessment and Treatment
34. Reattachment Play Therapy, Part I
35. Reattachment Play Therapy, Part II
36. Case Presentation: Integrating individual play therapy and family play therapy: the case of an 8 year old girl and her mother

Total: 135 hours of instruction in play therapy by APT provider 04-153. (15 additional hours required to become an RPT).

YEAR TWO: SEPTEMBER, 2012 TO AUGUST, 2013: OPTIONAL PRACTICUM AT THE CENTER CONSISTS OF 350 HOURS OF CLINICAL PLAY THERAPY EXPERIENCE (7 HOURS PER WEEK) WHILE RECEIVING A MINIMUM OF 35 HOURS OF PLAY THERAPY SUPERVISION.

Required Reading: Each class will include discussion of the reading assignments. All assignments will be from the following texts. Reading assignments are not optional.

Axline, Virginia. Play Therapy, Boston, Houghton Mifflin, 1947

Burns, R.C. and Kaufman, S.H. Actions, Styles and Symbols, Brunner/Mazel
New York, N.Y. , 1972.

Gil, Eliana. Helping Abused and Traumatized Children: Integrating Directive and Nondirective Approaches, New York, Guilford Press, 2006

Gil, Eliana. Play in Family Therapy, New York, Guilford Press, 1994.

Landreth, Gary. Play Therapy: The Art of the Relationship, Accelerated Development, Muncie, Indiana, 1991 Order from 1-800-222-1166

Peterson, Linda W. and Hardin, Milton E. Children in Distress: A Guide for Screening Children's Art. New York: W.W. Norton and Co., 1997.

Schaefer, Charles and Kevin O'Connor (eds.) Handbook of Play Therapy, Wiley + Sons, NY, NY, 1983

Sharp, Carla. The Build-a-House Technique, self-published, 2005.

Assessment of Student Learning:

Four tests will be given at announced intervals to help students assess their absorption of the material. Students must score 80% on the quarterly exams in order to be given credit for 135 hours of instruction in play therapy.

Learning methods: PowerPoint presentations, experiential exercises, reading and class discussion. Optional practicum in year two or students may practice skills in their own clinical setting.

Learning Objectives: Each student will

- understand the history of play therapy
- learn the research studies which support the efficacy of play therapy
- learn to use Axline's Eight Principles of Non-directive play therapy
- be able to identify play from three developmental levels
- interpret the human figure drawing
- interpret the kinetic family drawing
- learn to use play as a family assessment tool
- learn other play techniques to aid in child and family assessment
- appreciate the child's use of metaphor to express their conflict
- gain a beginning ability to interpret metaphor
- become comfortable using modeling clay in play therapy

- become comfortable using puppetry in play therapy
- become comfortable using role play in play therapy
- understand the psychodynamics underlying the victim of sexual abuse
- understand the psychodynamics underlying the traumatized child
- understand the psychodynamics underlying the bereaved child
- learn how to apply play therapy principles to special populations
- gain mastery in the play assessment of the family system
- be able to integrate play therapy and family therapy
- gain a working knowledge and practice of applying play techniques to family therapy
- develop a working knowledge of biological attachment
- gain theoretical understanding of how dyadic play psychotherapy works
- learn to apply play techniques in dyadic psychotherapy
- gain confidence in his/her own play therapy skills
- become a highly effective play therapist
- through experiential exercises gain insight into one's own issues of early childhood

Fees:

THIS TRAINING IS AVAILABLE FOR HAPT MEMBERS ONLY and IS APPROVED BY THE ASSOCIATION FOR PLAY THERAPY PROVIDER #04-153. TO JOIN HAPT/APT PLEASE VISIT www.hawaiiplaytherapy.net

Year One: 135 hours of instruction in play therapy

\$2300.00 payable in 4 installments of \$575.00 each due September 1, 2011, January 15, 2012, April 15, and June 15, 2012.

or \$2100.00 if paid in full by 9-1-11

or Purchase the Play Therapy Training Package which includes the one year of training plus 35 hours of play therapy supervision needed to become a Registered Play Therapist. Fee is \$3100.00 if paid in full by 9-1-11.

Year Two: Supervised clinical experience in play therapy at the Play Therapy Center of Hawaii, LLC. Perform 350 hours of play therapy while receiving 35 hours of play therapy supervision. Work 7 hours per week for 50 weeks at a set hourly rate if you are Licensed Mental Health Professional and can accept third party payment.

Enrollment Form

Name _____ Email _____

Address _____ City _____

Highest Degree Obtained _____ Current workplace _____

Best phone number _____

Please sign me up for one of the following:

___ Year One Training paid in full by 9-1-11.....\$2100.00

___ Year One Training First Installment due by 9-1-11.....\$575.00

___ Year One Play Therapy Training Package paid by 9-1-11.....\$3100.00

Amount Enclosed \$_____. Please make check payable and mail to Play Therapy Center of Hawaii, LLC.

To pay by credit card, please call me at 261-0066.